

IF

If you wish the best for others,
Which will bring your own good, too,

If you listen to your parents' admonition
Being critical of your friends' advice,

If the world around you is dark
And yet, you keep the light in your soul that always shines,
Knowing that no darkness is stronger than the light in your soul,
If there's summer in your heart
And you still smile in difficult times,
Being able to love without jealousy,

If you can dream and in doing so
Your mind travels far away in space and
If by looking at the future, you see people living in peace,

And when you fall down instead of staying there having given up,
You get up again and chase your dreams
(cause they won't stop running till you catch them)
And when you catch them you look back and see it was all worth it,

If you fight for **Right** and **Good**
And have courage
Thus adding to the Earth,

If you are kind, respectful and understanding
And having a good heart yourself
You become part of the heart of the people you love,

If you can protect yourself and believe in you
Thus achieving your goals
When others make fun of you or do not believe in you,
And if you are prepared to take any necessary risks
In order to be a winner in life,

If you are patient for things to change,
And never stop when you see difficulties

If you can make a heart beat fast,
if you can turn a yawn into a smile,
if you can risk your certainty and run your dream,
if you don't complain about the constant rain and you enjoy it,
if you are not afraid of your own self,

If you don't fight against people
Even when you are mad with rage,
Knowing that if you can be good to one person
You can be better with everyone,

If you like to work and recycle and respect the environment,
And a van and cooking skills are enough for you to become "rich",

And if you can keep going
Without letting your troubles stop you,

If you are not jealous of what other people possess
Being poor yourself,
And if being rich, you help everyone who's in need
But you don't care about showing that because you are really humble,

And if you forgive what others have done to you
Being kind even towards your enemies,
Although you are a person that remembers well,

If you give way to your companion's needs
In order to maintain a healthy relationship,
And if you help your friends in time of trouble,

If you always try to develop spiritually
In order to become a successful person,
but do physical exercise as well
Following a balanced diet and avoiding bad habits

If you live every moment
As time can be a hard opponent
And if you love yourself to the sky,
So that you can always fly high,

If you can look at people in the eyes,
Knowing that honesty will make you rise,

***Yours is the Earth and everything that's in it
And – which is more – you'll be a Man, my Son!***

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